

PRESENT NORMS AND GUIDELINES FOR CELEBRATION OF THE MASS

We have begun the process of returning to a pre-pandemic celebration of the Liturgy. We will continue to follow the established guidelines we have been using, which are enumerated below. The remainder will be introduced gradually.

1. Masks: **Fully Vaccinated.** Effective May 15, 2021, fully vaccinated people no longer need to wear a mask in any setting.
Unvaccinated. From ages 5 and older must cover their mouth and nose with a mask when present for any Mass or liturgical celebration.
2. Hand sanitizer: All entering the Church are asked to use hand sanitizer placed at the entrance.
3. Music Ministry: Choir may resume.
4. Lord's Prayer and Sign of Peace: We are to continue the practice of refraining from holding hands during the Lord's Prayer and shaking hands during the Sign of Peace (bow or verbal gesture is appropriate).
5. Distribution of the cup: The distribution of the cup remains suppressed for deacons and the lay faithful until further notice.
6. Ushers: resume their normal procedures/functions as it was pre-Covid-19 except for collections. We will continue to use the baskets placed in the entrance.
7. Bulletins: We will continue to distribute them electronically until further notice.

God's blessings upon you all.

Father Gerry

The Catholic Church Of The Visitation

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18th Sunday in Ordinary Time

August 1, 2021 Year B

The 18th Sunday in Ordinary Time

August 1, 2021

Last Sunday in the Gospel reading we heard Jesus feeding five thousand men with only five loaves and two fish. And after the people were fed Jesus withdrew from them and went up on the mountain because he realized that they wanted to make him King. When the people realized that Jesus was no longer there, they thought that he may have crossed the lake and so they also got into boats and went to the other side looking for him. This is today's Gospel.

These people were following Jesus with their mind focused only on the physical miracle he had worked. They were so impressed by whatever he did to multiply the loaves and fishes that they wanted more, even wanted to make him their king. They were blind to the meaning of the miracle and the spiritual message Jesus wanted to teach through it. So, Jesus tells them: "you are looking for me not because you saw the signs but because you ate the loaves and were filled". Then the teaching: "Do not work for food that perishes but for the food that endures for eternal life."

"What is it that "food" that endures for eternal life? It is Jesus Himself. Jesus is the food we need. He is the Bread which nourishes our life. We need our union with Him, we need to let Him guide our ways. Our lives are restless, and sometimes aimless (with no purpose) without Jesus and his teachings.

Many times, we focus too much on our immediate needs, we even forget what brought us to that point, why are we here? We make decisions not based on faith but what is expedient, what is pleasurable. Like the Jewish people complaining to Moses and Aaron in the first reading. You would have left us to die in Egypt where we ate our fill of bread, but you lead us in the desert to make us all die of famine! Because of physical hunger they forgot even the purpose of their being in the desert. They lost direction. They lost faith in a God who brought them out slavery.

Jesus by saying "work for the food that endures for eternal life", wants to awaken in us, a different kind of hunger. He speaks to us of the bread that doesn't only satisfy hunger for one day, but can satisfy the hunger and thirst for life that exists in the human heart. We must never forget it. Within us is a hunger for justice for all people, a hunger for freedom, peace, truth. Jesus presents himself as that Bread that comes to us from the Father not to fill us with food, but to give us life. Complete life lived in justice, freedom, peace, truth and above all lived with and in love.

Who is Jesus to us? Why did he come? Did he come in order to feed our physical needs, or rather to satisfy all the needs of our body and soul, needs which we sometimes ignore, needs which Jesus himself came to reveal to us and then satisfy. His entire life, and above all his death on the Cross, are manifestation of his work and mission to satisfy our needs. The need to be forgiven, to be re-united with our Loving God. we must look into our conscience and find out if we truly seek to satisfy the true needs of our lives, and not mere personal desires, which may be legitimate, but which tend to lead us to act in a manner that is disordered, not in conformity with God's will for us. Do we work solely for food that perishes, or rather do we also work for that which endures to eternal life? The food only Jesus and his teachings can give.

What are we looking for when we pray, when we receive sacraments, especially the Eucharist? Are we looking for a better and deeper union/communion with Jesus so that we can be better Christians? That we can live better with our brothers and sisters, that we can work for Justice, that we can strive to protect human life and the dignity of a human person, that we help and care for the sick among us and the needy.



Very Reverend Gerald Kaggwa, V.F.

TODAY'S MASS

First Reading:

Exodus 16:2-4

Responsorial Psalm:

*The Lord gave them Bread,
Bread from heaven.*

Second Reading:

Ephesians 4:17, 20-24

Gospel:

John 6:24-35

MUSIC

Entrance: For You Are My God #445

Responsorial: 193

Offertory: Bread of Angels #367

Communion: I Am The Bread of Life #325

Meditation: Eat This Bread #333

Recessional: Joyful, Joyful We Adore Thee
#545

TODAY'S ASSIGNMENTS

Community Leader: Kevin Hayes

Altar Server: Joe Sychterz

Cantor: Stuart Beckett

Eucharist Minister: Barbara Smith

Lectors: Mary Ellen Sherwood &
Tom Shoemaker

PLEASE REMEMBER IN YOUR PRAYERS

*Charlotte Neuburger, Father Bob Nash,
Nancy Dunlop, Tom Dundon & Min Tassone*



PARISHIONERS

John & Diane Weidner, Spike & Becky Nunn, John King, Jim Moncure, Peggy Williams, Lois & Skip Kramb, Marianne Krop, Tom Foley, Michele Meanely, Jack & Louise Petralia, Paul Pearce, Grace Anderson, Natalie Smith, Lorie & Sal Messina, Pat Paul, Margaret Hock, Anne Dunn, Lynn & Jim Vajda, Tom & Cindy Jessee, Mike Lokie, Steve Kirsch, Marilynne Cerullo, Tom Hawksworth, Mary Ann & Kenneth Gulick, Nancy Wirth, Bettie Hodge, Bob & Ingrid Borden, Laurie King, Bill & Linda Gray, Carol Smith, Pat & Lee Reamy, Carole McPherson, Colin Walsh.

FAMILY OF PARISHIONERS

Lucy Walker, Arnold Fahrman, John Matthews, Ramon Placiete, Jillian Messina, Karen Tatum, Lynn Messina, Dave Hersh, Mike Shea, Pam Tibbs, Sherry Newton, Aquela Parker, Bernie Smith, Virginia Talke, Phil Melancon, Doris Melancon, Dominick Perry, Kimberly Lavinder, Doug Meuse, Michele Brune, Noele & Mike Anglin, Anita Bomberger, Drinkwater Family, Kathy Shepherd, Lucy Walker, Suzanne Whelan, Jim Rundle, Rundle-Kehl family, Doris & Arthur Green, Rachel, Brian & Marcus Pittman, Robbie Beasley, Sandra Bush & Children, Mary Gray, Denis Popp, PJ Schwedler, John Calvin Barnard, Colleen O'Rollins, Michael Reamy, Natash Walsh, Ellen DeMaurez, Michele MacFarland, LC Warren, JoAnn Dwyer, Sandy Alter, Andy & Iris Hetzer.

FRIENDS OF PARISHIONERS

William Scott Smith, Eddie Hall, David Smith, Sandy Bruce, Matt & Marianna Parowski, Penny Hoar, Gene Tunney Walker, Joe McInerney, The Butt Family, Greg Chambers, Bristow Family, Peg Meushaw, Dave Gunn, Chuck Taylor, Paula Harcum, Cathy Kirkland, Remy Maine Miller, Jessie Debusk, Ryan & Jeanne Norris, Donna Newcomb, Vickie Hogge, Pumpkin Brownley, Rita Blommel, Brenda Knupp, Ashely Scott & family, Susie Loustaunau, Elizabeth Panzer, Linda Cryer, Tyra Freed, Valerie McCarthy, John Rychtarik.

If you would like to add someone to the Prayer List please contact the office by email or phone.

MAIL IN OFFERTORY, AND ON LINE DONATIONS: July 25, 2021

Collection: \$ 1,814
Second Collection:
Total Offertory Collection Year to Date \$ 9,711
Total Budget Projection: \$ 9,800



Our second collection today is for the New Worship Area.

We signed the following principal checks this week: \$215 June phone bill.

BIRTHDAY'S FOR AUGUST



1st-Ed Harriman & Carol Walsh, 3rd-Germaine Hayes, 5th-Pat Paul,
6th-Grace Anderson & James Davenport, 8th-Pat Marchant, 10th-Al Langer,
11th-Marysue Dougherty, 12th-Sтивен Kirsch & Donna Thompson,
15th-Aldo DeCollibus, 20th-Lee Reamy, 21st-Roseanne Moncure,
22nd-Paula Wilson, 23rd-Robert Wilson & Francis Demaurez, 24th-Richard
Dougherty, 28th-Mary Ann Gulick, 29th-Bill Puttmann & Rebecca Riley.

ANNIVERSARY'S AUGUST

2nd-Spike & Becky Nunn, 3rd-Charlie & Margaret Hock, 4th-John & Vera England,
7th-Charlie & Anne Costello, 8th-Tom & Cindy Jessee, Don & Maria Tyrrell,
10th-Skip & Lois Kramb, 17th-Sal & Lorie Messina, 18th-Mike & Gretchen Borzelleca,
19th-John & Carol McCormack, 22nd-Lee & Pat Reamy, 25th-Bill & Michelle Puttmann.



SAVE THE DATE

COV Oktoberfest Celebration
Saturday, October 2nd, 5-9pm
(rain date Sunday, Oct. 3rd)
Fundraising event celebrating
the completion of the New Sanctuary
More details to follow.



A Hearty Welcome to
Jim Angell
22 Keel Ct.
Heathsville, VA 22473

ANNUAL FINANCIAL REPORT

For those who were not in church two Sunday's ago when the Annual Financial Report was discussed, (you missed some funny jokes from Ray) copies are available on the entrance table. If you have a question about the report or would like one sent via email; please call the office, send an email or see Ray after Mass.

REGRETS



With regrets we announce the death of Min Tassone from natural causes Wednesday, July 28th. Min and spouse Bruno joined the parish 25 years ago and were revered and active parishioners. After Brunos' death, Min moved to Williamsburg about 5 years ago to be closer to family. Her Mass of the Resurrection will be held August 2nd, at 10am., with burial in our cemetery. A reception will follow the burial, and we ask parishioners to provide a side dish or dessert to share with others.

KOC INSTALLATION

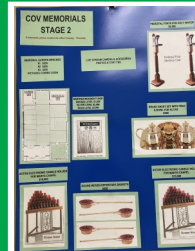


Council 11210 Officers Fraternal Year 2021-2022 which began July 1st.
Grand Knight-Bill Brandl; Deputy Grand Knight-John Weidner; Chancellor -Joe Sychterz; Finance Secretary-Steve Kirsch; Recorder-Gary Richardson; Treasurer-Mike Dreelin; Warden-John McCormack; Advocate-Mike Beavers; Inside Guard-Don Delagrang; Outside Guard-Skip Kramb; 1 Year Trustee-Frank Lohr; 2 year Trustee-Ed Harriman; 3year Trustee-Richard Cox; Chaplain-Father Gerry Kaggwa.

We will continue to meet on the *third Wednesday of the Month*, and are so pleased to be able to once again be able to socialize with dinner following our meetings! Last evening we enjoyed a feast of fried chicken, potato salad, cole slaw and wonderful desserts. The desserts were all prepared by the KOC Ladies - Yumlington!



MEMORIAL UPDATE



As promised, we have entered Stage 2 in our Memorial Campaign for the New Worship Area.

Listed below are the new memorial items:

- *Memorial Garden Benches
- *Live stream camera & Accessor
- *Narthex Wooden Floor
- *Pedestal Fonts for Holy Water
- *Round Woven Offertory Baskets
- *Pews and Choir Chairs
- *Votive Electronic Candle Holder -Mary's Chapel

For I know the plans I have for you, declares the *Lord*, plans to *prosper* you, and not to *harm* you, plans to give you *hope* and a *future*.

Jeremiah 29:11

To view some of these artifacts, please view the poster located in the alcove.

Any questions please come by the office or give us a call.

ST NOA SCHOOL UPDATE

It is my joy and privilege to update you about St. Noa School after a period of time. The global Covid-19 pandemic did not spare Uganda, and as I indicated a few weeks ago, Uganda right now, is experiencing a second wave which is far worse than the first one. Several of my

family members including my mother were affected and hospitalized for several weeks. Thanks to your prayers and others they are now slowly recovering.

Because of this situation, the Government has on several occasions ordered lockdowns which closed all public gatherings including schools. So, for more than a year now, learning in schools has been sporadic. This has had a tremendous negative effect on students, especially the girls. Some, who are in upper classes might not return to school due to social circumstances, like the fact that some girls are married off by their parents at a very young age.

But despite all this, during this Covid-19 pandemic period, something positive has been achieved. With the generosity of some parishioners, we managed to construct and furnish a new Administration Block comprising Offices for a Head Teacher and receptionist/secretary, a staff room where teachers can meet and prepare lessons, and two more classrooms. Also, we managed to construct a small house which serves as quarters for male teachers which can accommodate 4 persons. This is good news because we have now all the facilities to accommodate children of all stages from pre-primary (pre-elementary) through primary education.

The next step in this project is to look for funds to construct 2 dormitory blocks housing about 60 students each (one for girls and one for boys). We will begin with the one for girls because they are the most vulnerable in the society. They have many chores at home, face abuses (defilement), and other obstacles. Having them in the dormitories will improve their academic growth as well as their safety.

It is my prayer that this crucial phase of the project becomes a reality. Much has been achieved, and I trust even this, with God's blessings, will be realized. Thank you for helping my people, I am really touched by your generosity.

I promise to keep you posted on the developments of the project.

You are always in my prayers.

Fr. Gerry Kagwa



COLLECTION COUNTER REFRESHER

As we slowly return to normal practices, we will re-engage the Collection Counters Ministry in September.

On Sunday August 22nd, we will hold a short meeting after Mass in the Daily Mass Room to review procedures and answer any questions you may have. There are 13 of you, and we ask you to plan your schedules accordingly. Thank you *Admin. Staff*



Our Bible Study small group will undertake a study of the Gospel According to John and John's Letters over the next several months. Our group meets on the first and third Tuesday of each month from 6:30 to 8:00PM. Our first meeting will be on September 7 and the study will wrap up in April. Anyone interested in joining the group should complete the sign up sheet after Mass which John will have or contact John Weidner at jaweidnerl@verizon.net or 240.780.1872.

WHAT WILL BE YOUR LEGACY?

Have you ever heard the saying “wills are for rich people?” That’s right! But they are also “for poor people” and for everyone in between. Your will relates to everything God has entrusted with you, and it can be a powerful statement of your Christian stewardship.



Potential, Purpose, Promise

Who needs a will? Every adult who owns anything and who care about what happens to it, everyone who cares about their family, and everyone who wants to include their church’s future in their estate planning needs a will.

When was the last time your will had a check-up? Does it express your desires? Does it include your church which means so much to you?



CHURCH LIVESTREAMING INFORMATION

The Dioceses has compiled a list of churches who continue to livestream Masses. If you are someone who could benefit from this information please call the office and we will forward the list to you.