

# The Catholic Church Of The Visitation

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E-Mail: churchofthevisitation@va.metrocast.net  
Website: www.church-of-the-visitation.org



3rd Sunday of Lent  
March 12, 2023  
Year A

### Church Hours

Sunday Mass 9AM  
Wednesday Daily Mass 9AM  
Thursday Daily Mass 9AM  
Parish Office Hours 9AM-2PM  
Tuesday, Wednesday & Thursday

Pastor, Gerald Kaggwa  
119 Club Drive  
Hartfield, VA 23071  
Phone: 804-286-9271

Please call the office about arranging Baptisms, Marriages, the RCIA Program, Sacraments of Anointing, Reconciliation, Sick Calls, and the schedule for Holy Days, and our Rosary Ministry.

### PARISH MINISTRIES

Worship/Liturgy: Germaine Hayes  
Justice & Peace  
Religious Education: Eileen O'Brien  
Parish Life: Johnna Harris  
RCIA/Adult Formation: John Weidner  
Pastoral Care: Lynne Richardson  
Administration, Ray Kostaskey

### FINANCE COUNCIL

John Charbeneau  
Lisa Forte  
Debby Harriman  
Ray Kostaskey-Chairman  
Fritz Sitterding

### PARISH COUNCIL

Steve Forte  
Kevin Hayes  
Cindy Jessee-Vice Chair  
Helen Linden  
Roseanne Moncure-Secretary  
Steve Kirsch  
Cindy Powers  
Kathy Swinehart  
Mary Sychterz  
John Weidner-Chair

Church Secretary, Andrea Moore  
Webmaster/IT, Mike Dreelin

## MASS/MUSIC

Entrance: Led By The Spirit #126

Lord Have Mercy #913                      Glory To God #914

### Liturgy of the Word

First Reading: Exodus 17:3-7

Responsorial Psalm: If today you hear his voice,  
harden not your hearts.

Second Reading: Romans 5:1-2, 5-8

Gospel Acclamation: Lord, you are truly the Savior of the world;  
give me living water, that I may never thirst again.

Gospel: John 4:5-42                      Homily: Father Gerry Kaggwa

Nicene Creed: page 9

Prayers of the Faithful: Response: Lord hear our prayer

### Liturgy of the Eucharist

Offertory: O Beauty Ever Ancient #517

Holy: #917

Memorial Acclamation: When we eat this bread, and drink this  
cup we proclaim your death O Lord until we meet again.

Lord's Prayer: page 26

Lamb of God: #922

Communion: Psalm 42: As The Deer Longs #511

Mediation: Irish Blessing #376

Recessional: This Is The Day God Gives Me #639



### March Birthdays

1st-David Bushey and Melissa Cabocel, 5th-Tommy Lange, &  
Earlyne Glen, 6th-Sinclair Cabocel, 8th-Sandi Delagrang,  
10th-Sarah Wohleking, 15th-Victoria Hollingsworth, & Gloria  
Matthews, 20th-Gary Richardson & Alex Bushey, 21st-Peggy Williams,  
24th-Barbara Hollingsworth, 30th-Michele Meanley & Joe Sychterz

If you would like to add your name to the Birthday/Anniversary list please contact the office.



### March Anniversaries

13th-Jan & Nathalie Smith, 15th-Frank & Gerri Lohr,  
24th-Bill & Johnna Harris.

## UPCOMING EVENTS

Today- March 12th-3rd Sunday of Lent (Social Sunday)  
March 15th-Soup & Station #3  
March 19th-7th Sunday of Lent  
March 22nd-Soup and Station #4/Lenten Reconciliation 7pm  
March 26th-5th Sunday of Lent/Pancake Breakfast  
March 28th-Lenten Reconciliation FdS 6:30pm  
March 29th-Soup & Station #5  
April 2nd-Palm Sunday (Passion of the Lord) 8:45am  
April 5th-Daily Mass 9am

### Community Leader

John Clair                      March 12, 2023

### Altar Server

Joe Sychterz

### Lectors

John Weidner/Mary Ellen Sherwood

Sacristan Noelle Harvey

### Extraordinary Minister for

Holy Communion

Steve Forte/Dave Marciel

### Music Cantor

Marianne Krop

### Collection Counters

King/Kirsch/Angell

## OFFERTORY COLLECTION from March 5, 2023

Collection: \$ 3,251  
Total Offertory Collection Year to Date \$ 85,356  
Total Budget Projection: \$ 81,200  
Loan Balance: \$ 167,277

Our second collection today is for debt reduction.

We signed the following principal checks this week:  
\$220 Carillon Expenses; \$829 Credit Card Charges for Kitchen  
Restock Items; \$146 PO Box Rental.

## CARILLON REPAIR

Many parishioners have noticed the absence of Carillon music before and after Mass. Our Carillon computer failed and had to be replaced, the amplifier rebuilt and frazzled wiring replaced. It was a time-consuming task, and our thanks go out to Bob Cerullo who singularly took it on. For the past month, Bob has made many trips to Gloucester Point and communicated with the manufacturer continuously, while spending countless hours in the Sacristy setting up the system. Our deepest gratitude go out to him. *Thank you Bob.*



## LEGACY

Remember, if you have no will or trust, state laws will determine who will inherit your property at your death. State laws do not include your church or any other charity as a beneficiary.

Consider naming your church as a beneficiary in your will or living trust. The gift could be a set dollar amount, a percentage of your estate, the remainder after other gifts are made, or a gift of that part of the estate left if designated heirs are deceased.

Giving to your church through your will is a good way to continue your support of your church beyond your lifetime. When your estate plan is prepared, consider including plans for a gift to your church.



## MESSAGE FROM DON TYRRELL

I just came home from bypass surgery and want to give a thank you "shout out" to everyone that prayed for me and a special thanks to the shawl club for my shawl. It has been a life saver. Surgery went well, but that doesn't make it hurt any less. I can't drive for 5 weeks, so I guess I'll see you then. Thanks Don Tyrrell



## ADULT FAITH FORMATION

A small group is scheduled to meet after Mass every other Sunday in the "Comfort Room" during Lent to discuss several lessons in the Journey of Faith series.

This week's lesson is **LI: What is Lent?**

*All are welcome to attend.*

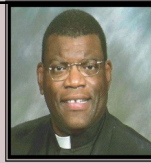
Contact John Weidner for additional information.

SUPPORTER OF OUR SCHOLARSHIP

Vera & John England  
Christine & Peggy Williams  
Kathy Kauffman  
Tommy & Donna Lange  
John & Diane Weidner  
Mike & Gretchen Borzelleca  
Dave & Emily Filippi  
Frank & Terry Sisto  
Cynthia & Chuck Taylor  
Charles & Louise Hartz  
Jim Angell  
Lynne McMurtrie  
Terry Skovera  
Don Tyrrell  
Joe Sychterz  
Don & Barbara Ross  
Norbert & Kathryn Bliley  
Richard & Mary Sue Dougherty

FATHER JOHN BODDIE SCHOLARSHIP FUND

In memory of our pastor and friend, Fr. John Boddie, from whom flowed love and kindness to all who knew him. May his soul rest in peace. Money from these ads are used as scholarships given to the youth of our church. Please make your checks payable to THE FR. JOHN BODDIE SCHOLARSHIP FUND. Checks and ads can be deposited in the church office. The charge per space is \$100. Thank you for your continued support. *The Scholarship Committee*



Website for scholarship application: [www.church-of-the-visitation.org](http://www.church-of-the-visitation.org)

Application deadline: Early March 2023

In memory of  
**Mollie McMurtrie**  
my long time friend.  
I will miss you.  
**JoAnn Nolte**

In loving memory of  
**Joseph H. Nolte Jr.**



Forever,  
**JoAnn**

March 12, 2023

SOURCE OF STRENGTH

For the last two Sundays, we have talked about prayer and fasting, how hunger and thirst can move us to deeper prayer.

Today, we hear that Jesus comes to Jacob's well in Samaria. He is tired and thirsty.

Throughout the Old Testament, we find stories of wells as good places to find a wife. Abraham's servant found a wife, Rebekah, for Isaac at a well (Genesis 24), Jacob met Rachel at a well (Genesis 29:1-20), and Moses met his wife Zipporah at a well (Exodus 2:15-22).

Therefore, when Saint John tells us that Jesus encountered a woman at Jacob's well, we should expect to hear something about a marriage proposal. According to Saint Augustine, the Samaritan woman stands for the Church, which is the Bride of Jesus.

When the Samaritan woman tells Jesus that she is unmarried, Jesus responds: "You are right in saying, 'I do not have a husband.' For you have had five husbands, and the one you have now is not your husband."

Bishop Robert Barron suggests we can think of the five husbands as five errant paths that the woman has taken. She has "married" herself to wealth, pleasure, honor, power, material things, etc. None of these things brings her the joy she seeks.

The point of the story is that Jesus is proposing marriage to the woman, to his Bride the Church. Only in him will the human race find happiness, peace, and the "spring of water welling up to eternal life."

In the Catechism, we find this commentary on our encounter with Christ at the well:

"If you knew the gift of God!" The wonder of prayer is revealed beside the well where we come seeking water. Beside the well, Christ comes to meet every human being. It is he who first seeks us and asks us for a drink. Jesus thirsts; his asking arises from the depths of God's desire for us. Whether we realize it or not, prayer is the encounter of God's thirst with ours. God thirsts that we may thirst for him. (CCC 2560)

Whoever drinks the water that Jesus gives will never thirst. The water Jesus gives becomes in us a spring of water welling up to eternal life.

In thinking about how we have sought various sources of joy in our lives, let us ask:

What "errant paths" have you followed in the past?

Where have you found a source of "living water" for your own journey of faith?



SOUP AND STATIONS

*A sign up sheet is in the Narthex.*

*Quart containers for your delicious soups will be provided, and remember to label the containers according to what soup you prepare. Bread bakers are needed as well. Thank you.*



ANNUAL APPEAL



In today's Gospel story, the woman at the well meets Jesus. Jesus moves her so much that she goes into the village, no longer abashed by her bad reputation, and tells everyone that she found the Messiah. Dramatic, to be sure.

Others in the town immediately began to believe in Jesus because of her. The Samaritan woman's stark transformation gave her words credibility. Soon after, the townspeople deepened their faith in Jesus by directly encountering him.

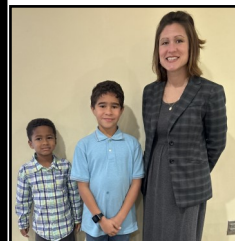
Jesus used the Samaritan woman's words to introduce a whole village to him. Our parish can spread faith in the same way through the Annual Diocesan Appeal. This Lent, we ask you to prayerfully consider how you can help meet the mission of our Church and be a light for others through your heartfelt support. Together, we can demonstrate to our local neighborhood how wonderful He truly is. Through our actions, they will believe our word that He is alive. Jesus, lead us!

To date 16 families have donated a total \$2,523 which represents 35% of our goal.



Frederic Cabocel  
703-659-7680  
Cabocelfrederic@gmail.com

Timothy & Zaida Wohleking  
75 Windmill Point Rd  
White Stone, VA 22578  
Tim: 804-577-0567  
timdog528@aol.com  
Zaida: 804-480-0824  
Zaidawohleking@icloud.com



Niki Ambrose  
(Carl & Patrick)  
33 Easy Street  
Dutton VA 23050  
757-289-8418  
Ambrosenikilynn@hotmail.com



A Hearty  
Welcome to  
our new  
parishioners.



Dan and Linda Peterson  
549 Log Point Lane  
Topping, VA 23169  
Linda 540-845-8461  
Lipete12@gmail.com  
Dan 540-845-9585  
danlgte@yahoo.com



Tommy & Ivony Kennedy (Quinn & Nicole)  
6181 General Puller Highway Locust Hill, VA 23092  
Ivony 520-991-9129 Tommy 520-631-2785  
Ivony.kennedy@yahoo.com Tkennedy812@gmail.com

REGULATIONS



Fasting is to be observed by all 18 years of age and older, who have not yet celebrated their 59th birthday. On a fast day one full meal is allowed. Two other meals, sufficient to maintain strength, may be taken according to each one's needs, but together they should not equal another full meal. Eating between meals is not permitted, but liquids, including milk and juices, are allowed.

Abstinence is observed by all 14 years of age and older. On days of abstinence no meat is allowed. Note that when health or ability to work would be seriously affected, the law done not oblige. When in doubt concerning fast and abstinence, the parish priest should be consulted.

All the Fridays of Lent are days of abstinence.  
Good Friday is a day of fasting and abstinence.

SEASON OF LENT

Some facts and practices:

- \*Last from Ash Wednesday through Holy Thursday.
- \*No flowers on the Altar and Musical instruments should be used only to "give necessary support to the singing" The exception is the 4th Sunday of Lent and on solemnities and feasts.
- \*No Gloria is sung. \*Marriages and Baptisms may take place.
- \*Holy water remains available to the faithful.
- \*On Holy Thursday and Good Friday, The Eucharist is only distributed during the Liturgy, but may be brought to the sick at any convenient hour.
- \*Funeral Masses are not permitted on Holy Thursday and during the Paschal Triduum.

JOHN BODDIE MEMORIAL SCHOLARSHIP APPLICATIONS



The above mentioned scholarship fund is soliciting applications in March for parishioners and their dependents. The three top priorities for monetary distributions from the fund are: Graduating High School Seniors, College Students, and Graduate Level Education.

The Deadline for submitting an application is mid-March. If you are interested in applying, you can do so by visiting our website <https://church-of-the-visitation.org/>

Located under Documents and Forms > Father John Boddie Scholarship application.



LEGACY EVENT

After Mass today, we will gather at the Legacy Tree for a short ceremony before proceeding into the fellowship hall for Social Sunday.

The First Reading and the Gospel on this Sunday are about water. The living water! What is this living water? Put simply we could describe this living water as the love of God. The Love of God by which he freed the people of Israel from slavery in Egypt, the same love Jesus shares with us, by dying for us on the cross.

The Love the chosen people of God forgot and begun to complain to Moses.

The first reading for today's Mass, from the Book of Exodus, presents us with the people of Israel in the desert, after crossing the Red Sea, they are on their journey towards the Promised Land.

God had worked miracles and wonders through Moses to save them from being slaves in Egypt, and now they are free! But we hear from the reading that they were sad, depressed, complaining to Moses, they even preferred going back to Egypt! Why? Because they had no Water. That physical need of water made them forget all the love of God who rescued them from the situation of being slaves.

What these people are doing is not strange at all, it is how we human beings behave. An instant of suffering, or when we face some moments of difficulties, and hardship, we just start complaining, we do not remember all the good things, we only see problems, and despair, we think that we will not make it, we lose hope.

We all have our Promised Land. We have dreams of what we want to be or what we want to achieve in life, and that means always looking to the future with hope. The condition in which you find yourself now doesn't have to be the situation in which you'll find yourself in the future. God still has His power and with that power, your life can change. The people of Israel started complaining because they forgot the fact that the God who brought them out of Egypt is still the same.

Today's Gospel encounter is captivating. Tired on his journey, Jesus sits down next to Jacob's Well. Soon a woman arrives to draw water. She belongs to a semi-pagan people, despised by the Jews. Jesus begins a dialogue with her, even though he does not know her. Jesus does not look down on anyone, he invites all to have a relationship with him. He treats all with deep tenderness. "Woman, give me something to drink". The woman stops and she is shocked for how can he be in contact and talking with a Samaritan? Why does he lower himself to speak with an unknown woman? Jesus' words surprise her all the more: 'If you only knew what God is offering and who it is that is saying to you, 'Give me something to drink', you would have been the one to ask, and he would have given you living water'. What about us? We too have to go to the well everyday with our jar because we live in the world full of trials and temptations. But Jesus makes the same offer to us as he did to the woman at the well. He gives us the living water. Each of us has the choice to draw water from the wells this world offers or to accept the living water that Jesus offers us. If we don't receive this living water from Jesus every day, we will look for satisfaction in ways that will never please us. anything that is not from the love of God, will not bring you real and lasting happiness. Jesus is inviting us to drink the living water he offers, which will become 'a spring of water welling up to eternal life'.



Very Reverend Gerry Kaggwa V.F.

*Please Remember in your Prayers*

*Catherine Wqlsh, William LeCompte, Kathleen Anspach, and Jim Dorman*



PARISHIONERS

Don Tyrrell, David Rector, Lorraine Kirsch, Tom Shoemaker, Tom & Bea Foley, Jack & Laurie King, Shelley Katsuki, Steve Forte, Donna Thompson, Brendan O'Brien, Spike & Becky Nunn, Lois & Skip Krumb, Marianne Krop, Michele Meanley, Louise Petralia, Grace Anderson, Natalie Smith, Pat Paul, Margaret Hock, Anne Dunn, Mike Lokie, Steve Kirsch, Marilynne Cerullo, Tom Hawksworth, Nancy Wirth, Bettie Hodge, Bill & Linda Gray & Pat Reamy, Lynn Vajda.

FAMILY OF PARISHIONERS

Sue and Lisa Ferari, Barbara and Ron Burkhart, John Calvin Barnard, Bill Penfield, Joseph Gascoigne, Joseph Borzelleca, Andy Hetzer, Sandy Alter, Ryan Jessee, Larry Hersh, Lynn Messina, Shirley Schultz, Michele MacFarland, Jillian Messina, Dominick Perry.

FRIENDS OF PARISHIONERS

Bill Penfield, Christopher Hutton, Mason Goodrich, Olga Hall, Karen Armstorg, Elizabeth Panzer, Tom Sennott, Gary Campbell, Jim & Inga Peddicord, David Gunn, Hunter Jacobs, Kathy Goynes, Peg Meushaw, Rita Blommel, Linda Cryer, Allen Hines, Tyra Freed.

*If you need to add to the prayer list please call the office, email, or leave a note in the box*

VISITATION SINGERS ARE BACK!

Anyone who would like to join us to sing at the two nursing homes in Middlesex, please come to church at 9:30am on March 13th. We sing once a month and sing seasonal music. This month is St. Patrick's day music. Come join the fun!

SOCIAL SUNDAY



Today is Social Sunday, please stay after and enjoy some snacks and camaraderie with fellow parishioners.

THANK YOU FOR SUPPORTING MARY'S CHOICE RVA

Thank you to everyone who participated in the recent baby bottle campaign for Mary's Choice RVA. We raised \$1149.00 and 100% of your donations go to support the mothers choosing life for their babies.



The maternity home is most grateful for your generosity!

CATHOLIC RESOURCES



Do you want to deepen your prayer life, better understand your Catholic faith or read the news from a Catholic perspective? We've compiled a list of resources that will help you do just that. Please click on the link to digitally access this list or pick up a paper copy in the narthex.



In Loving Memory Of  
*Alma and Fritz Sitterding*

Supporting Our Youth



In Loving Memory of  
*Bobby Warren*

Your Family  
Arlene,  
L.C., Faye,  
Caitlyn & Courtlyn

"Gone but not to be forgotten"

In Loving Memory of  
*"Vinnie Recupido"*  
*Barbara Hollingsworth*



When someone you love  
becomes a memory  
the memory becomes  
a treasure.

Jerry McMurtrie



Bill MacLean

TO SUPPORT  
OUR YOUTH,  
THEIR DREAMS,  
& OUR FUTURE.

*Lynne & Gary Richardson*



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For the love and blessings of  
Christ given through  
vocations.

Thank You Lord  
*Art & Carol Smith*

In support of  
our  
Youth Scholarship  
Fund

*Richard and  
Marilyn Cox*

SAINT THERESA OF CALCUTTA'S  
"ANYWAY PRAYER"

People are often unreasonable, illogical, and self-centered; forgive them anyway. If you are kind, people may accuse you of selfish, ulterior motives; be kind anyway. If you are successful, you will win some false friends and true enemies; succeed anyway. If you are honest and frank, people may cheat you; be honest and frank anyway. What you spend years building, someone could destroy overnight; build it anyway. If you find serenity and happiness, they may be jealous; be happy anyway. The good you do today, people will often forget tomorrow; do good anyway. Give the world the best you have, and it may never be enough; give the world the best you've got anyway. You see, in the final analysis, it is between you and God; it was never between you and them anyway.

*Breathe in Love,  
Exhale Peace.*



In Loving  
Memory Of  
*David E. Brinkley*

In Loving Memory of  
*"Vincent Recupido"*  
Dolores

**We Support The Youth Scholarship**

*John & Carol McCormack*




Thanks for always  
supporting us in  
everything we do!



*Emily & Anna*

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-Clarence D. Jones, Prop.-

FOR OUR CHURCH KITTIES  
Choco, Tabby & Rufus



"God will make a way  
When there seems to be no way  
God works in ways I can not see  
God will make a way for me"

J & L Petralia

Michael W. Garrett Owner Theresa R. Pace Owner



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"An investment in  
knowledge pays  
the best interest."  
-Benjamin Franklin

Tom & Cindy Jessee

Best wishes to all the  
youth at Church of the  
Visitation

Mary Virginia & Tom Bliley

Kasey Law  
Management Associate



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O: 804.758.3641 x10892  
F: 804.758.4174

NMLS# 1914115  
cffc.com

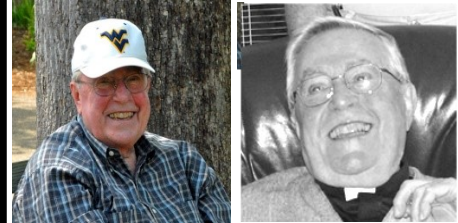
In Loving Memory of  
Bob and Catherine Borden  
Fred and Betty Meister

WE SALUTE  
THE YOUTH OF OUR  
CHURCH AND THEIR  
IMPORTANT JOURNEY

Carmen & Joe Brinkley

Eileen N. Wagner

**In Memory of  
Thomas R. Shepherd, Jr.  
and  
Thomas R. Shepherd III**



In loving memory of our Father Bob Nash

Essex Law Offices, PLLC  
Attorney and Counselor at Law

†

P.O. Box 1543  
77 S. Main Street  
Kilmarnock, VA 22482

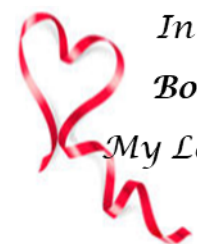
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In Memory of  
Lavonne Pearce  
1st Secretary of COV  
Volunteer

In Memory of  
Bob Hartman  
My Love of My Life  
Jenny



In loving  
memory of  
Marty  
Hawksworth  
Tom & Sharon

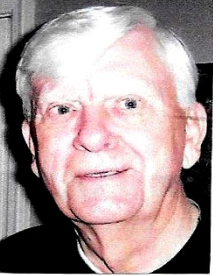


Helping Our Youth  
Build Their Future





**Limerick II Enterprises**  
Construction Management Services

Tom Shoemaker  
In Memory of JoAn



Kenneth Anderson

"Say not in grief 'he is no more'  
but in thankfulness that he was".


Lewis Forte

Thank you for supporting  
our education

Michael, Colin, Kathryn,  
John & Kevin Walsh


Frank & Gerrie Lohr  
Supporting  
Higher Education

In Loving  
Memory of  
Morgan  
Wells  
Forever,  
Marianne

*In Loving Memory*

"Ricky" David Richard Suyes III & Marie M. Suyes

C. Ben Lennon, D.D.S.  
Mathews Dentistry 804-725-9485  
Deltaville Dentistry 804-776-9484



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Contact: Grand Knight  
Bill Brandl  
434-466-2455

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In memory of  
Michael Tebbs Nunn  
&  
Douglas Arthur Nelson Nunn

"Our Beloved Sons"

Spike and Becky Nunn

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