

# The Catholic Church Of The Visitation

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Website: www.church-of-the-visitation.org

## THE TRINITY



The Most Holy Trinity  
May 26, 2024 Year B  
"Memorial Day Weekend"

### Church Hours

Sunday Mass 9AM

Wednesday Daily Mass 9AM

Thursday Daily Mass 9AM

Parish Office Hours 9AM-2PM

Pastor, Johnny Mintah-Mensah "Koo"

119 Club Drive

Hartfield, VA 23071

Phone: 804-286-9271

Please call the office about arranging Baptisms, Marriages, the OCIA Program, Sacraments of Anointing, Reconciliation, Sick Calls, the schedule for Holy Days, and our Rosary Ministry.

### PARISH MINISTRIES

Worship/Liturgy: Noelle Harvey  
Justice & Peace: open  
Religious Education: Zaida Wohleking  
Parish Life: Johnna Harris  
OCIA/Adult Formation: John Weidner  
Pastoral Care: Lynne Richardson  
Administration: Ray Kostaskey

### FINANCE COUNCIL

John Charbeneau  
Anne Wolski  
Debby Harriman  
Ray Kostaskey-Chairman  
Fritz Sitterding

### PARISH COUNCIL

Kevin Hayes  
Cindy Jessee-Vice Chair  
Steve Kirsch  
Helen Linden  
Roseanne Moncure-Secretary  
Cindy Powers  
Tom Jessee  
Shelley Katsuki  
John Weidner-Chair

Church Secretary, Andrea Moore  
Webmaster/IT, Mike Dreelin

### MASS/MUSIC

Entrance: This Day God Gives Me #634

"Loving and Forgiving" #662

Penitential Act: page 4

Lord Have Mercy #914

Glory To God #915

### Liturgy of the Word

First Reading: Deuteronomy 4:32-34, 39-40

Responsorial Psalm: Blessed the people the Lord has chosen,  
chosen to be his own.

Second Reading: Romans 8:14-17

Gospel Acclamation: Glory to the Father, the Son, and the Holy Spirit; to God who is, who was, and who is to come.

Gospel: Matthew 28:16-20

Homily: Father Koo

Nicene Creed: page 9

Prayers of the Faithful Response: Lord hear our prayer

### Liturgy of the Eucharist

Offertory: In Every Age #474

Holy: #918

Memorial Acclamation: When we eat this Bread and drink this Cup, we proclaim your death, O Lord, until you come again.

Lord's Prayer: page 26

Lamb of God: #923

Communion: All Is Well With My Soul #473

Meditation: Abba Father #544

Recessional: America The Beautiful #745



### June Birthdays

1st-Fritz Sitterding, 2nd-Kim Lovejoy & Walter Donovan,  
7th-Michelle Puttmann, 10th-Jean Box, 13th-Charles Hartz,  
14th-Johnna Harris, 17th-Arlene Warren, 21st-Marla Bury,  
24th-Gerri Lohr, 25th-Zaida Wohleking, 26th-Una Kerrigan,  
27th-Carl Ambrose, Sharon Hawksworth and Susan Seay, 28th-Baylen Miller.

If you would like to add your name to the Birthday/Anniversary list please contact the office.



### June Anniversaries

1st-Fritz & Suzanne Sitterding, 13th-Gary & Lynne Richardson,  
21st-Dave & Emily Filippi & Scott & Kathy Kauffman,  
25th-Ray & Jean Kostaskey, 27th-Don & Sandi Delagrang, 28th-Bob & Barbara Smith.

### UPCOMING EVENTS

Today-The Most Holy Trinity/"KOC Pancake Breakfast"

May 27th-Memorial Day

May 31st- Retreat/Light Lunch/Mass "Feast of the Visitation"

June 2nd-The Most Holy Body & Blood of Christ /"Church picnic"

June 6th-Adoration

June 7th-The Most Sacred Heart of Jesus Mass 9am @ Fds  
followed by an adoration after Mass.

June 9th-10th Sunday in Ordinary Time

June 10th-Visitation Singers

### May 26, 2024

Sacristy Duty: Delagrang

Community Leader: Puttmann

Altar Server: Baylen/Kaylee

Lectors: Sherwood/Dreelin

Eucharistic Ministers: Hosts: Wolski

Chalice: Harriman/Seay/Marcil/TBA

Music: Smith

Counters: Harris/Hollingsworth

### June 2, 2024

Sacristy Duty: Delagrang

Community Leader: Puttmann

Altar Server: Kostaskey

Lectors: TBA

Eucharistic Ministers: Hosts: DeGroot

Chalice: Harriman/Harvey/Marcil/Seay

Music: Lohr

Counters: O'Brien/Smith

### OFFERTORY COLLECTION from May 19, 2024

Collection:	\$ 3,099
Second Collection: Diocesan Home Mission	309
Total Offertory Collection Year to Date	\$ 116,833
Total Budget Projection:	\$ 112,381
Loan Balance:	\$ 129,735



There is no second collection today.

We signed the following principal check this week:

\$262 Pastoral Care Expenses.

### LEGACY

By creating a legal will or living trust, you can provide your next-of-kin with a peace of mind, knowing that you have already determined how your estate will be distributed and who will care for minor children. They will still grieve, but they won't face the daunting task of making decisions that you could have made.



A will also provides an excellent opportunity to remember our congregation. A gift to the church through your will serves as a testament to your heirs of your faith in God and the resurrection. It provides you with one last opportunity to exemplify what it means to be a good steward, providing for others as God has provided for you during your lifetime. What a blessing you can be to future generations!

### RECURRING EVENTS

Weekly-Sunday 8:30am-New Worship Area Rosary (Cindy Jessee)  
1st-Thursday of the month-Adoration 9:30am-10:30am (Cindy Jessee)  
2nd-Monday of the month-Visitation Singers 9:30am (Carol McCormack)  
3rd-Wednesday of the month-K of C meeting starts 5:15pm (Al Langer)  
2nd & 4th-Monday each month at 1:00 pm Shawl Ministry (Sandi Delagrang)  
1st-Friday each month at 9:00; other weeks on Thursdays at 9:45-COV Gals. (Louise Petralia/Eileen O'Brien)



**SUPPORTER OF  
OUR SCHOLARSHIP**

Vera & John England  
Christine & Peggy Williams  
Kathy Kauffman  
Tommy & Donna Lange  
John & Diane Weidner  
Mike & Gretchen Borzelleca  
Charles & Louise Hartz  
Jim Angell  
Terry Skovera  
Don Tyrrell  
Norbert & Kathryn Bliley  
Dan & Linda Peterson  
Frank & Terry Sisto  
Gene & Anne Wolski  
Mr. & Mrs. Donald S. Ross

**FATHER JOHN BODDIE SCHOLARSHIP FUND**

In memory of our pastor and friend, Fr. John Boddie, from whom flowed love and kindness to all who knew him. May his soul rest in peace. Money from these ads are used as scholarships given to the youth of our church.

Please make your checks payable to  
**THE FR. JOHN BODDIE SCHOLARSHIP FUND.**

Checks and ads can be deposited in the church office. The charge per space is \$100.  
Thank you for your continued support. **The Scholarship Committee**

Website for scholarship application: [www.church-of-the-visitation.org](http://www.church-of-the-visitation.org)

Application deadline: **Early March 2024**

In memory of  
**Mollie McMurtrie**  
my long time friend.  
I will miss you.  
**JoAnn Nolte**

In loving memory of  
**Joseph H. Nolte Jr.**



Forever,  
**JoAnn**

Take Home Lesson

Trinity Sunday

May 26, 2024

A GOD OF LOVE

In today's Gospel we hear Matthew's unique account of the resurrected Jesus' encounter with the eleven on a mountain in Galilee. These are the final verses of Matthew's Gospel, and this is Matthew's closest parallel to the Ascension and Pentecost narratives in other tellings of the Gospel.

Mountains are places of divine revelation throughout the Bible - Moses at Sinai, The Transfiguration, and many others. Like Israel's God, Jesus is on the mountaintop, he is worshipped, and "all power in heaven and on earth has been given" to him. He who was the authoritative Teacher throughout the Gospel now entrusts his teaching to the eleven, when he commands them to go make disciples and baptize all nations. They are to baptize "in name of the Father, and of the Son, and of the Holy Spirit." Jesus' final words, "I am with you always," echo the prediction made of him at the beginning of Matthew's Gospel: Emmanuel - God with us.

The Catechism continues to teach as Jesus commissioned:

Christians are baptized in the name of the Father and of the Son and of the holy Spirit: not in their names, for there is only one God, the Almighty Father, his only Son, and the Holy Spirit: the Most Holy Trinity (CCC 233)

The mystery of the Most Holy Trinity is the central mystery of the Christian Faith and Life. It is the mystery of God in himself. It is therefore the source of all other mysteries of faith, the light that enlightens them. It is the most fundamental and essential teaching in "the hierarchy of the truths of faith." The whole history of salvation is identical with the history of the way and the means by which the one true God, Father, Son, and Holy Spirit, reveals himself to men "and reconciles and unites with himself those who turn away from sin." (CCC 234)

Bishop Robert Barron describes the Most Holy Trinity in this way in his book Eucharist:

"God is a community of persons. As the Father gazes at the Son, the Son gazes back at the Father. Since each is utterly beautiful, the Father falls in love with the Son and the Son falls in love with the Father - and they sigh forth their mutual love. This holy breath is the Holy Spirit. These three "persons" are distinct, but they do not constitute three Gods. This means that God is a family of love, a sharing of life, a breathing in and breathing out, a looking toward each other."

We live within the Trinity whenever we live in love.

Are there signs of God's love in your life that you may have overlooked?

"The whole history of salvation can be read as the Trinitarian God's attempt to draw the human family into a relationship that mimics the love that God is. When we love God with our whole heart and mind, we necessarily love all those whom God has loved into existence."

**TODAY IS THE MOST HOLY TRINITY**

The most Holy Trinity is the central and most profound mystery of the Christian faith and life. While we human beings can grasp certain aspects of this ultimate truth about God, precisely as a mystery, a full understanding is beyond our limited human comprehension. Yet, this deep mystery of God's inner life and essence is also one of the most informative on that, reflecting on the Trinity can shed invaluable light on what it means to be a human person.

Throughout history and in cultures throughout the world people have, by reason alone and after much consideration, concluded that God exists. Yet, we would devote ourselves to study over several lifetimes and never come to the conclusion that God is a Trinity of person-one and yet three: Father, Son, and Holy Spirit. We know this truth and other divine mysteries in our human weakness only because the Lord has revealed them to us. And he has revealed this truth not as a matter of curious theological trivia disconnected from our everyday lives, but in order to share his divine life with us.

The mystery of the Blessed Trinity, as the mystery of God in himself, is "the source of all the other mysteries of faith, the light that enlightens them. It is the most fundamental and essential teaching in the 'hierarchy of the truths of faith'" (CCC 235).

Since the earliest days-before the Church was born at Pentecost-the Christian faith has been Trinitarian. When Jesus descended into the water at his baptism, for example, the bystanders hear the Father's voice and see the Holy Spirit descend as a dove (Matthew 3:16-17) Later, Jesus will instruct his followers to "make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit" (Matthew 28:19). Likewise, Saint Paul offered blessings with a Trinitarian formula (2 Corinthians 13:13) and the blessings and prayers of the early Church reflect this faith in the Trinity.

The essential elements of this divine mystery are that we worship one God who is an eternal loving communion of three Persons-Father, Son and Holy Spirit-who are all equal in power, all co-eternal, and all divine. One divine nature, they differ only in that the Father is not the Son; the Son is not the Father; the Spirit is not the Son; the Spirit is not the Father. While this mystery of one and yet three might at first seem contradictory and irrational by human reckoning, if we delve deeper, we will find, like the other paradoxes of the faith, an amazing and profoundly life-changing truth.



**1ST COMMUNION CELEBRATION**

We were proud and blessed to celebrate the First Communion of 5 precious children last Sunday. We share their joy and wish them well in their future journey with Christ. We also admire the grit and courage of the three who recited the Readings and Prayers of the Faithful.



**PARISH PICNIC**

Our church picnic is June 2nd. We are celebrating the Feast of Visitation on Friday, May 31st. Please bring a dish to share with hamburgers and hot dogs.

Thank you so much for all your help on Social Sunday and 1st Communion Sunday. The food was awesome and congratulation to the First Communion Children. Johnna

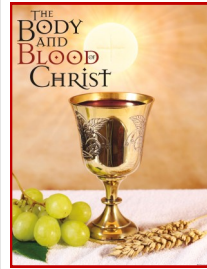
**SPECIAL THANKS**

As we transition to a new lawn care provider, we owe a special thanks to parishioners Mike Harvey, Frank Lohr, and Bob Smith who filled the void when needed these past two weeks. We are hoping to return to a normal schedule this coming week.



**FEAST OF THE VISITATION AND CORPUS CHRISTI WEEKEND**

This year the Feast of the Visitation falls on Friday, May 31st and Corpus Christi Sunday follows two days later on June 2nd. We are planning to begin our weekend of celebration with a daytime retreat on Friday which will include morning prayer and reflection, Mass at noon, followed by lunch and time for reflection and sharing after lunch. Please contact John Weidner if you are planning to attend the retreat or would like additional information.



Our weekend of celebration will continue on Sunday, June 2, The Most Holy Body and Blood of Christ (Corpus Christi). We are planning a short Eucharistic procession at the end of Mass and then all are encouraged to remain for a Spring picnic hosted by our Parish Life ministry.

**NEXT WEEK THE FEAST OF CORPUS CHRISTI**

On the second Sunday after Pentecost, we celebrate the Solemnity of the Most Holy Body and Blood of Christ, also known as the Feast of Corpus Christi, which is Latin for "the Body of Christ".

The feast day commemorates the Eucharist-the meal in which we partake of the Body and Blood of Christ. The Eucharist is at the heart of our Catholic faith and traditionally holds a special place among the sacraments.

For in the blessed Eucharist is contained the whole spiritual good of the Church, namely Christ himself, our Pasch. The Eucharist was instituted by Jesus at the Last Supper and this institution of the sacrament is celebrated on Holy Thursday.

However, the emphasis of the Triduum is on the passion, death and resurrection of Jesus, which creates the need for another feast day focusing on the Eucharist itself. As Catholics, we believe in transubstantiation, the Real Presence of Jesus in the Blessed Sacrament of the Eucharist. The mode of Christ's presence under the Eucharistic species is unique. It raises the Eucharist above all the sacraments as "the perfection of the spiritual life and the end to which all the sacraments tend therefore, the whole Christ is truly, really, and substantially contained. This presence is called 'real' by which is not intended to exclude the other types of presence as if they could not be 'real' too, but because it is presence in the fullest sense: that is to say, it is a substantial presence by which is, God and man, makes himself wholly and entirely present.

The Feast of Corpus Christi emphasizes and celebrates this Real Presence of Jesus in the Eucharistic.

**FEAST OF THE SACRED HEART OF JESUS**

As we look forward to Liturgies in June, the Feast of the Sacred Heart of Jesus occurs on Friday June 7th. A 9am Mass will be celebrated at FdS followed by Adoration after Mass.



Please pray for the following:

Dottie Hines, Joe Edwards, Charles Alter

**PARISHIONERS**

Betty Johnson, Helen Linden, Dot Edwards, Walt & Kari Lee Donovan, Peggy Williams, Lynne McMurtrie, Barbara Smith, Germaine Hayes, The Hollingsworth Family, Don Tyrrell, David Rector, Lorraine Kirsch, Tom Shoemaker, Jack King, Donna Thompson, Brendan O'Brien, Becky Nunn, Lois & Skip Kramb, Marianne Krop, Michele Meanley, Louise Petralia, Natalie Smith, Pat Paul, Margaret Hock, Steve Kirsch, Marilynne Cerullo, Nancy Wirth, Tom Hawksworth, Linda Gray, Pat Reamy, Andrea Moore, Lynn Vajda.

**FAMILY OF PARISHIONERS**

Ed Haurand, Bill Sassok, John Wohleking, Christopher Seay, Brian Patrick Dubicki, Lynn Messina, Shirley Schultz, Gene Sullivan, Dr. Nicole Touchet, Grace Anderson, Gloria Powell, Chloe Pearson, Barbara Daly, Mia Angelis, the Angelis family, Debbie Stockhorst, Susie Reber, Joanne Ferari, Jill Shores, John Gahagan, Todd Bowmam, Diane Petralia, Anthony Pace, Mildred Bair, Mary Levine, Susie Maddrich, Carolyn Harvey, Eric Currie, Mike & Katy Shea, Rhonda Wells, Polly Beall, Dick Patton, Sue and Lisa Ferari, Barbara & Ron Burkhardt, John Calvin Barnard, Joseph Borzelleca, Andy Hetzler, Sandy Alter, Ryan Jesse, Larry Hersh, Dominick Perry.

**FRIENDS OF PARISHIONERS**

Pat Garratt, Mable Kato, David Bromley, Lewis Hurley, Michele Brown, Debbie Scott, Janis Kott, Angel Carlson, Risa Estes, Deloris Cooper, Karen Tatum, Lucille Redmond, Harry Flannery, Sharon Horrobin, Ralph Burroughs, Kate Taylor, Allison Miksenas, Cynthia Freeburger, Mike Gorin, Carroll Brown, Robin Brown, Boyd Newhouse, Bill Benson, Mike McCullean, Delores Barry, Jim Durburo, Richard & Sharon Fitts, Karen Armstrong, Kenny & Mary Marshall, Ann Chatos, Genie Kauffman, Pattie Sobieski, Cliff Dean, Christopher Hutton, Olga Hall, Elizabeth Panzer, Tom Sennott, Jim & Inga Peddicord, David Gunn, Kathy Goynne, Peg Meushaw, Rita Blommel, Linda Cryer, Allen Hines, Tyra Freed.

*If you need to add to the prayer list or would like a Mass intention please call the office, email, or leave a note in the box outside the office.*

**KNIGHTS OF COLUMBUS**

On behalf of all the mothers in our Parish, "Thank You" all for the beautiful flowers that were given to us on Mothers Day. We truly felt the special attention of appreciation.

Also, we have the added bonus of using some of the beautiful carnations as center pieces for Fellowship Hall tables.

You guys are appreciated and thank you for all you do for us at COV.



As we honor our veterans who gave the ultimate sacrifices through their services to protect our country. God Bless.



**OUR LADY OF THE BAY COUNCIL 11210 OF MATHEWS AND MIDDLESEX COUNTIES**

K of C is a not-for-profit organization whose principles are Charity, Unity, Fraternity and Patriotism.

Donations support:

Gloucester, Mathews, Northern Neck & Middlesex Free Health Clinics (KOVAR) Virginians with intellectual disabilities, the VA Veterans Services- Golf Tournament, Families in need, Hands Across Middlesex & Mathews, and The Father John Boddie Scholarship Fund.

Activities that provide funding:

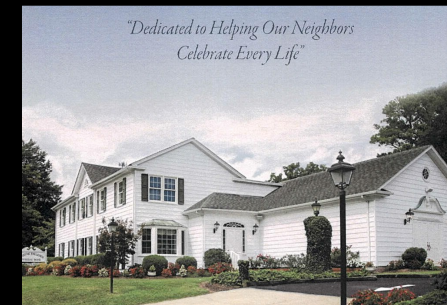
Pancake Breakfast, Italian Feast, St. Pat's Dinner, KOVAR Collection, Dave Marchant Golf Tournament.

We are active participants in many ministries to include Alter servers, Choir members, Collection counter, Community Leaders, Eucharistic Ministers, Parish Council Members and Ushers.

The KOC meet at 5:15pm on the 3rd Wednesday of the month at the Church of the Visitation. We start with the Rosary.

**All are welcome!**

**Any questions call Our Grand Knight-Al Langer at 804-815-1328.**



In memory of  
*Lillian M. Reiffel,*  
Teacher



PRAYERS  
MEMORIES  
LOVE  
Jerry  
McMurtrie

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In Loving Memory  
of Bobby Warren  
Your Family  
Arlene,  
L.C., Faye,  
Caitlyn & Courtlyn

*"Gone but not to be forgotten"*

**SAINT THERESA OF CALCUTTA'S  
"ANYWAY PRAYER"**

People are often unreasonable, illogical, and self-centered; forgive them anyway. If you are kind, people may accuse you of selfish, ulterior motives; be kind anyway. If you are successful, you will win some false friends and true enemies; succeed anyway. If you are honest and frank, people may cheat you; be honest and frank anyway. What you spend years building, someone could destroy overnight; build it anyway. If you find serenity and happiness, they may be jealous; be happy anyway. The good you do today, people will often forget tomorrow; do good anyway. Give the world the best you have, and it may never be enough; give the world the best you've got anyway. You see, in the final analysis, it is between you and God; it was never between you and them anyway.

*Breathe in Love,  
Exhale Peace.*



In Loving  
Memory Of  
*David E. Brinkley*

In Loving Memory of  
Vincent "Poppy" &  
Vinnie Recupido

The Recupido &  
Hollingsworth Families

*"The Retirement Plan Of Christ  
Was His Passion.  
Is Yours The Same?"*

Josiah Reffo



In  
Loving Memory  
Of  
Alma and Fritz Sitterding

Supporting Our Youth


**TO SUPPORT  
OUR YOUTH,  
THEIR DREAMS,  
& OUR FUTURE.**

*Lynne & Gary Richardson*



Thanks for always supporting us in everything we do!  
Emily & Anna

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WE WISH OUR YOUTH  
CLEAR SAILING  
  
DEBBY AND ED HARRIMAN

*"An investment in knowledge pays the best interest."*  
-Benjamin Franklin  
Tom & Cindy Jessee

In support of our  
Future Leaders  
"Our Youth"  
The Kirsch Family

FOR OUR CHURCH KITTIES  
Choco, Tabby & Rufus  





In Loving Memory of  
Jack Petralia

Do not fear, for I am with you,  
Do not be afraid, for I am your God  
Isaiah 41:10

In Loving Memory of  
Bob and Catherine Borden  
Fred and Betty Meister


We Support The Youth Scholarship  
*John & Carol McCormack*  


In Memory of  
Thomas R. Shepherd, Jr. 8/28/1943 to 3/18/2020  
Thomas R. Shepherd III 11/05/1970 to 3/31/2022


  
In loving memory of our Father Bob Nash

In Loving Memory of  
"Lee Hollingsworth"  
We love and miss you!  
Barb & Tori

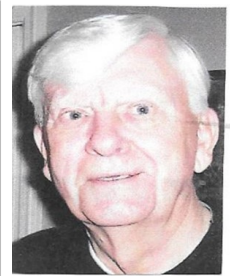
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In Memory of  
Bob Hartman  
My Love of My Life  
Jenny

In loving memory of  
Marty Hawksworth  
Tom & Sharon  


Helping Our Youth Build Their Future  
  
Limerick II Enterprises  
Construction Management Services  
Tom Shoemaker  
In Memory of JoAn

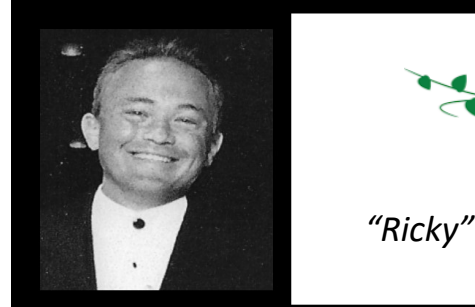
  
Kenneth Anderson  
"Say not in grief 'he is no more' but in thankfulness that he was".  


  
Lewis Forte

Thank you for supporting our education  
Michael, Colin, Kathryn, John & Kevin Walsh


Frank & Gerrie Lohr  
Supporting  
Higher Education

In Loving Memory of  
Morgan Wells  
Forever,  
Marianne  

In Loving Memory  
"Ricky" David Richard Suyes III & Marie M. Suyes



  
C. Ben Lennon, D.D.S.  
Mathews Dentistry 804-725-9485  
Deltaville Dentistry 804-776-9484

Best wishes to all the youth at Church of the Visitation  
Mary Virginia & Tom Bliley

BE A KNIGHT  
Contact: Grand Knight  
Al Langer  
804-815-3515  
  
OUR LADY OF THE BAY  
COUNCIL 11210

  
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Douglas Arthur Nelson Nunn  
"Our Beloved Sons"  
Spike and Becky Nunn

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